



# PORMPUR PAANTHU NEWS

January 2020

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## YOUTH SUMMIT 2020

**Stacey Conrad, 25:** The volleyball was the best, it was enjoyable and everyone got involved, which was good. Overall it was great, I reckon it was a good week.

**Lachlan Coleman, 17:** My favourite thing this week was the colour run, it was lots of fun and everyone was in it together.

**Jerry Tarpencha, 19:** I've been to all the events, the beach volley ball was probably my favourite, that was very sick. Just the energy, the turnout and it was good fun.

**Katrina Mitton, 17:** My favourite thing was the beach volleyball, it was fun because everyone was there.

**Ryan Motton, 18:** The colour run was the best.

**Virginia Rosie Elanor Coleman, 24:** Best thing was bit of everything, actually. Helping them little kids and supporting the youths with their Youth Summit. I'm getting a lot out of it. The dancing was really good.

**Shennae Yantumba, 20:** The colour run was lots of fun, and the Health Day yesterday was alright too. It's been a good week.

**Kyle Shortjoe, 15:** The movies were my favourite thing, just relaxing.

**Kebay Kepper, 7:** I liked the dancing and the colour run.



ALL WORK AND WALK TOGETHER ON ONE PATH OF HEALING, LEARNING, CARING AND SHARING, CREATING A SAFER ENVIRONMENT AND COMMUNITY

# More youth than ever took part in this year's – which was actually last year's – Youth Summit, CEO Ganthi Kuppusamy writes...

It was a good week for the Youth - lots of games, sports and fun.

This year PPAC made the decision to specifically focus on Pormpuraaw youth aged 13-25 to help to improve their social and emotional development.

This helped to inspire and empower them, they had the confidence to have their own say about how the week would go, they celebrated their own achievements, shared knowledge and had fun, which was what we had hoped they would achieve.

The week was about helping them access and identify services they would like to see expanded to fit



their needs in the community and we have some good results - a clear and collaborative way forward.

Short-term local employment was used to support the activities with several young people running a number of activities for themselves.

Our next Youth Summit will be held in October, 2021 in what we hope will become an annual event, and facilitated by former-PPAC counsellor, Robert English.

On behalf of PPAC I would like to thank all our staff, stakeholders and community members who supported our 2019/20 Youth Summit.

We would also like to acknowledge the receipt of cash donations from Cynthia Lui (MP), RISE, HC Building Services, ERGON Energy, Fortis One Group, Pormpuraaw Art Centre and Pormpuraaw United Brother's Club.

Thanks also to Skytrans for sponsoring flights for our facilitators and to Adrienne



for preparing the cake for our 2019 graduates.

And BIG thanks to Apunipima, QLD Health, Justice Centre, QPS, PCYC, Youth Justice, Councillor George Conrad and to all other community members and services who came along to offer a hand and to support the delivery of a wide range of activities for our young people.

We hope we haven't missed anyone in this very long list.

## SPECIAL APPRECIATION TO...

- Apunipima Cape York Health Council staff whose team included Fiona, Patrick, Sally, Elsie and Jazy, all of whom worked hard all week supporting our activities and contributing their own;
- Subrina [CJG], Rosie [Youth Justice], Clinton [PCYC], Will [QPS], Mitch [QPS] and Shae [QPS] who volunteered their spare time to get involved and help with the activities;
- QLD Health staff Fiona, Mandy and Heather;
- Rise staff Mel, Jakaya, Mon and Lexi who assisted with the Amazing Race and donated the prizes;
- PCYC who provided all the Colour Fun Run resources;
- the young men including McLean, Albert and Frederick who helped the Men's group with cooking the BBQ and setting up marquees, etc, for the activities; and,
- PPAC staff especially Robyn, Sandra, Leath and Jackie for their time and hard work in the kitchen, Virginia, Alfreda and several members of the PPAC Men's Group including coordinator Bernard and Johnny, Ray & James.





## OUR "TOOLBOX" TEAM

The Amazing Race, and how much the kids enjoyed it, and the Colour Run, because everyone – all ages – were involved and enjoyed it, were the Youth Summit highlights for facilitator Marcella Ketchell (pictured above on the far right).

“The youth had particularly good feedback about the Amazing Race because that was the first time they had done an activity like that, so that was good,” Marcella said.

“The next time I’d say they’d have to make it a bit longer because it was too easy for some of them who ran the whole thing and had a good lead on the other teams.

“But overall good to see all the

teams enthusiastic, work together and complete the race regardless of their place.

“I wish we had prizes for participation for everyone, the teams were awesome

“It was really valuable to have Devon and Subrina’s advice on the activities and the route of the Amazing Race and the Colour Fun Run, and even the prizes.

She said PPAC Youth Coordinators Devon Tarpencha and Kiara Tybingoomba’s engagement with the young people in Pormpuraaw was excellent.

“If it wasn’t for Devon and Kiara, we would not have had the level of participation from the local youth that we did throughout the week,” she said.

*Continued next page...*



Pics of dancers on this page and the next two are with great thanks to Paul Jakubowski (Art Centre) and Fiona Millard (Apunipima Cape York Health Council)



“They also took time out on their day off with some of their family members to make the shirts for the glow in the dark disco,” Youth Summit facilitator Marcella Ketchell said.

“The beach volleyball and touch footy were also really good, that was held at the end of the day a couple of times down at the Chapman, followed by dinner with that beautiful scenery and sunset.

“The kids seemed to enjoy just being in the outdoors and socialising, it was really relaxing for the staff as well and a nice way to end those days.

“We thought the rain might have cut the fishing comp short on the last day but it just passed over after everyone down at the beach had been trying to run away from the rain and wind.

“The fishing comp was an excellent idea and the Pormpuraaw kids have a talent for fishing.

“Overall the week was a success, there were a few logistical things which could have been improved but it was still a positive event for all involved especially considering the very small team we had to get everything done.

“There was a few of us who had



really big days but it was worth it in the end.

“Our core team – myself, Richard, Devon, Valerie, Kiara, Shenee, Madlyn, Jerry, Stephen, Tim and Raymond and other men’s group workers – worked really hard for the whole week.

“There’s always a lot of work behind the scenes that people don’t necessarily see in these events, so I’d like to acknowledge the great support and assistance we had.

“And, of course, the young people themselves were the best.

“I really like the Pormpuraaw kids, they are very positive and a pleasure to be around.

“The way they interact and

are respectful to each other is admirable.

“They’ve always got good manners and they always show appreciation, youth can be a tough audience but I find the Pormpuraaw kids have respect and always participate in activities or events and give things a go.

“With the right investment and dedication, Pormpuraaw has the potential to grow some great future leaders and the community should be proud of their young people.

“We had a lot of youth who were very helpful throughout the week – they sorted out the t-shirts for the colour run and did a lot of other work to set it up, which was great and we want to thank them for their involvement and assistance

“And they organised some of that behind-the-scenes work between themselves to put together the promotional resources so it was great to have them involved in that.

“We all hope this carries forward and into future events.”



*All work and walk together on one path of healing, learning, caring and sharing, creating a safer environment and community*





# It was exciting to see some of our young people come out of their shyness and get involved with the Youth Summit activities Youth and Disengaged Students Worker Kiara Tybingoompa says.

“And it was fun,” she said.

“It was great to see a lot of youths coming out of their shy zone and getting involved.

“It’s going to help us improve our services a lot, especially with the disengaged ones, because you don’t see them out and about but this week we’ve seen nearly all of them, which was great.”

Youth Coordinator Devon Tarpencha also said it was great to see the young people working together.

“Seeing all the kids get together and work together and join in the activities we were running was really good,” he said.

“We’ve had more than 50 in the hall some days, so we’ve appreciated all the help we’ve had with pulling it altogether.”

One of their helpers, who stepped into a supervising role for the Youth Summit, was former Family Wellbeing worker Richard Tarpencha.

Richard said he was happy to have been on board with the Summit.

“The highlight for me was just seeing the kids enjoy a wide variety of things to do,” he said.

“It seemed to be they had the best fun playing volleyball at the beach, but I think they enjoyed the whole week.”

Kiara said her highlight for the week was the Amazing Race activity and the competitiveness.

“They were shy at the start but when they got into it they were excited to finish and see the prizes,” she said.

“I’m so proud of everyone who participated, mainly the youths, but for everyone who got involved and helped us all out.

“I’d especially like to thank the Men’s Group for all their help running around and helping with the cooking, and there were so many others to thank for getting on board with us, it was a great week.”



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# CAREERS EXPO DAY



Spoiled for choice, young (and some older!) people enjoyed looking at what careers might be on offer from local service providers including the police, health and job services, and the art centre. A shared lunch and some ball games rounded off a very successful and informative morning.





# ART CENTRE WORKSHOPS



Art and culture were draw cards for Pomppuraaw Youth Summit participants 2020 when the Art Centre opened their doors and hosted several different activities over the first two afternoons.

Spear making, traditional dance, fire sticks, traditional weaving, mural painting, painting on canvas and our fantastic spin art machine were all on offer for our keen young participants.

“They wove dance skirts and got demonstrations on how to separate the fibre for rope and dilly bags,” Art Centre Manager Paul Jakubowski said.

“We also had a spin art machine, which I built with a lot of kids, and they had a lot of fun on that.

“The spin art is great because they can make an exciting painting with not a lot of skill, just lots of fun.”

He said the art centre was always open to everyone of all ages and all clan groups.

“The kids had a good time and hopefully it’ll be a starting point for them to come back,” he said.

“They know they’re welcome here.”



*Pics on these pages thanks to Paul Jakubowski*





# THE 2020 COLOUR





# PORMPURAAW IR RUN!



**Nigeria Foote, 15:** The colour run was my favourite thing, for the running.



**Kenny Holroyd, 13:** My favourite thing was the colour run, it was just fun.



**Dontay Ballie, 14:** The colour run was fun, it was my favourite thing.



**Joyanne Conrad, 16:** The most fun was the colour run.

**Hope Hastings, 12:** The colour run was my favourite thing because it brightened up the community and everyone had fun, and the health day because they addressed a lot of problems.

**Loveana Ballie, 12:** The colour run was the most fun, just running around, hitting people.



# Men's Group steps up to support our youth

PPAC's Men's Group was only too happy to step out of their usual routine of mowing and cleaning up to do all they could to help support the Youth Summit.

Members Johnny Holroyd and James Peter said it was a good to be able to support the community.

"If they need any help, we're happy to take things wherever they need them," Johnny said.

James said they were also happy to be helping some of the community's young boys as well

"We just keep them busy, give them something to do, so if they come in we might just have a little talk sometimes," he said.



"We try to help them out as much as we can."

Johnny said they were available to help with people's yards or other work around their house.

"We're happy to just do our normal stuff," he said.

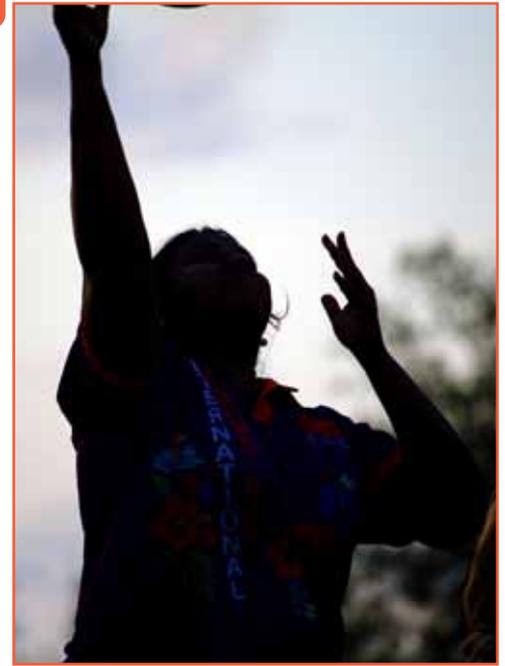
"We also like to help the old people out as well, give them support when they need it."





# BEACH SPORTS

It seemed the whole town was cheering them on, whether it was volleyball or football, everyone had a team, and then there was sunset and then there was dinner...two truly great afternoons of sportsmanship, competition, camaraderie and teamwork where everyone gave their best - and it showed!



# Apunipima Cape York Health Council was happy to be invited to help deliver and support this year's Youth Summit, Health Promotion Officer Fiona Millard says.

“Our team, Patrick, Sally, Elsie and Jazzy, worked beyond their scope of practice and their support was much appreciated,” she said.

“It was so good to see people pull together when they needed to or help out when required, even when they were exhausted from the heat,” she said.

“The community on the ground were amazing and the youth looked like they had such a good time, you could tell by the participation numbers and their enthusiasm.”

She said Apunipima's aims over the week were to encourage health and wellbeing through better knowledge and awareness via education and hands-on activities.

“We had several opportunities to yarn with young people about issues that affect their health at the Mini-Careers Expo and our own Health Promotion Day held at the Corner Shed,” she said.

“Apunipima was also able to donate a few things from our Health Promotion budget which included things like a box of apples for the Expo and Amazing Race activity and some makeup and pamper packs.

“The Girls' Night In event included pampering, facials, make up, sorting through donated clothing and sharing some health information.

“We also supported the Colour Run and The Amazing Race with activities and stations promoting healthy food choices and water.

“Overall it was a great week, well done PPAC and the young people of this community!”



# HEALTH PROMOTION DAY



Pics: Fiona Millard & Christine Howes



# GIRLS' PAMPER NIGHT



*Pics: Fiona Millard & Christine Howes*



# FISHING COMPETITION



The youth fishing competition was popular with 35 registered participants all vying for some awesome fishing prizes purchased by PPAC from BCF. Families got involved and there were some creative entries (the mysterious stick fish) and some great stories about the ones that got away. Congratulations to the winners!



## Age 19-25

1st Prize – Virginia Coleman

## Age 13-18

1st Donte Ballie

2nd Tamara Peter

## Age Under 12

1st Laelani Ambrum

2nd Zhane Coleman

3rd Darius Tarpencha and Kebay Kepper (both with 3 fish each and both had largest fish 45cm)



Pics by PPAC staff



# THE RACE THAT



Pics: Fiona Millard & Christine Howes



# WAS AMAZING!

How they raced:

1. Riddle
2. Hoop Throw
3. Spear Throw
4. Target Footy
5. Straw Tower
6. Passing Peas
7. Fitness Relay
8. Fruit Dunk
9. Wiggling Out

**TASKS:**

1. Collect 20 pieces of rubbish
2. Collect 5 different leaves from 5 different trees
3. Take a 'grelfie' with a ranger or a RISE worker
4. 'Dab' with a Justice Group member

5. Hand stand
- Present evidence of all of the above at the PCYC Community Hall - Thanks to RISE for our prizes and well done to our winners!!!

**Winners: Drakelyn Conrad, Tanisha Williams, Kyle Shortjoe and Hope Hastings**

**Runners Up: Matty Conrad, Jerry Tarpencha, Codie Henaway & Stacey Conrad**

**Best Team Players: Loveoana Ballie & Tristan Ballie**

**Best Manners: Lachlan Coleman & Levenna Chillagoe**



## JANUARY

- 1 - New Year's Day
- 13-17 - Youth Summit
- 21-22 - Northern Pride School Holiday Clinics (Youth Team)
- 27 - Invasion/Survival/Australia Day

## FEBRUARY

- 13 - Anniversary Apology Day (SEWB)

## MARCH

- 8 - International Women's day (Women's Group)
- 15 - National Day Of Action against bullying and violence (Youth)
- 19 - Close The Gap Day (SEWB & Youth)
- 21 - Harmony Day (Child Care)
- 24-30 National Playgroup week (Playgroup)

## APRIL

- 1-9 Youth Week (Youth)
- 10 - Good Friday
- 13 - Easter Monday
- 20-24 - Drug and Alcohol Awareness Week (AOD Team)

- 25 - ANZAC Day

## MAY

- 1-31 May - Domestic and Family Violence Prevention Month (DV Team)
- 4 - Labour Day Holiday
- 10 - Mother's Day (Women's Group)
- 26 - National Sorry Day (SEWB)
- 27 May - Referendum Day - launch of Reconciliation Week (SEWB)

## JUNE

- 3 June - Mabo Day - close of Reconciliation Week (SEWB)

## JULY

- 5-12 - NAIDOC Week
- 24 - Pormpuraaw Fishing Club Competition Day Holiday (Women's Group, Men's Group, Childcare & Youth)

## AUGUST

- 4 - National Aboriginal and Islander Children Day (Family Well-Being & Long Day Care)

## SEPTEMBER

- 2-6 Women's Health Week (Women's Group)
- 6 - Father's Day (Men's Group)
- 10 - World Suicide prevention day (SEWB)
- 6-12 National Child Protection Week (Family Well-Being)
- 12 - R U Ok? Day (SEWB)
- 18 - Pormpuraaw Show Day Holiday

## OCTOBER

- 5 - Queen's Birthday
- 10 - Mental Health Week (Healing Centre & SEWB)
- 24 - 1 November - National Children Week (Long Day Care)

## DECEMBER

- 25 - Christmas Day
- 28 - Boxing Day Holiday

# Calendar of Events 2020



**Our Women's Group program, featuring exercise and healthy cooking classes, is held at the new Women's Shelter every Wednesday night from 6pm-8pm. All women and girls welcome.**